

Name of the Game/Drill: BOTTLEBOL — classroom adaptation (direct reception)	
Equipment: One bottomless plastic jug per player; a soft newspaper-and-balloon ball; net; court markers. Check all edges and joins.	Space: 18 × 9 m court, split into two equal halves. Net: 2 m high. Each team stays in its half.
Number of participants: Two teams of six. Rotate positions after each point.	Duration: Best of three sets. Sets 1–2: first to 15 points; set 3: first to 10.
Task description: Send the ball over the net with the jug so that the other team cannot return it legally. This example uses an agreed classroom version of direct reception. Rules: 1. Serve from the back-right zone by hitting the ball with the jug, over the net. 2. Return the ball directly with one jug hit: no catch, bounce or extra touches in this classroom version. Do not hit with the handle. 3. Win a point if the ball lands inside the other half, or if the opponents hit out, fail to cross the net or break a rule. The team winning the point serves next. 4. After each point, both teams rotate one position clockwise. Keep clear of other players when swinging the jug. Alternatives: For a first trial, use fewer players or a lower net. Change one condition at a time and record whether rallies become easier to sustain. These are classroom adaptations, not additional official rules. Graphic explanation: Two teams separated by a net. Example positions and ball path. COURT: 18 m × 9 m · NET: 2 m HIGH NET — each team stays on its own side Circles = players · yellow dot = ball · arrow = example return Jug: reused plastic container with its base removed. Ball: soft newspaper core covered with balloons.	
Vocabulary: jug · net · serve · return · rally · point · set · rotate · out of bounds Source: Adapted classroom example based on Bottlebol, José A. Amador Cantero (2017), reproduced in the EF Gaviota archive. Rules agreed for this example; not a complete official rulebook.	